

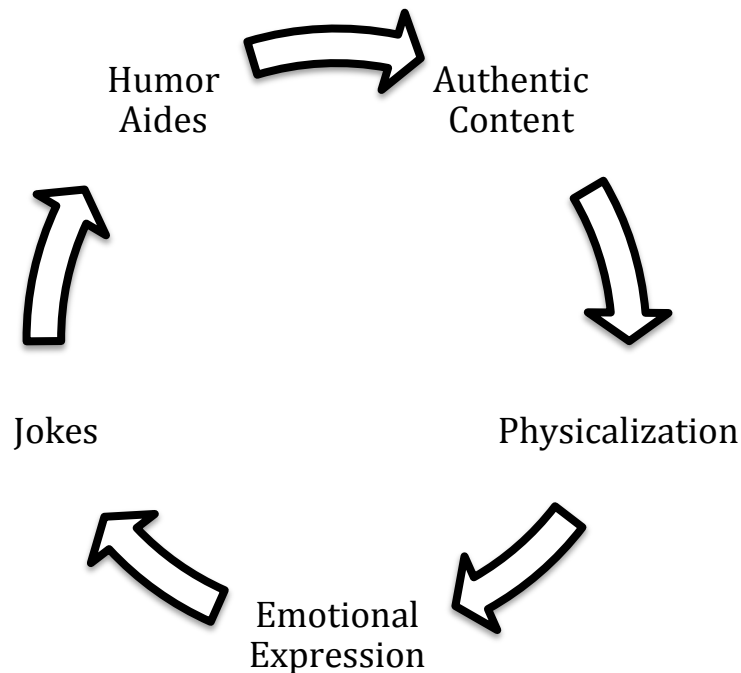
Unleash Your Inner Comedian!

The Art of Being Funny Without Telling Jokes...

Avish Parashar
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Everyone is Funny (yes, **everyone** – including **YOU!**)

The Natural Humor Model:



Humor Principles

1) Authentic Content

“It’s not about being ‘funny.’ It’s about being you.”

Humor Tools:

- Go Fast
- Don’t Think
- “Weird, Hard, Scary, Stupid”

2) Emotional Expression

“It’s not what you say, it’s what you and the audience feel.”

Humor Tools:

- Emotional Progression
- Emotional Exaggeration
- Emotional Switching

3) Physicalization

“It’s not what you say, it’s how you say it.”

Humor Tools:

- Body Language
- Facial expressions
- Vocal control
- Characters

What is a Story?

Humor efforts struggle when speakers tell summaries, not stories!

A story:

- Has a specific character, location, and time
- Is about a character (usually you!) who wants something
- Stories are ultimately about **Decisions**.

Can you tell your story in 6 lines?

1. Backstory (once upon a time...)_
2. Setup (and ever day...)
3. Interruption (then, one day...)
4. Attempts to solve / Progressive Complications (because of that...)
5. Resolution – **THE DECISION** - (until finally...)
6. Point / Lesson (here’s what you can learn from this...)_

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The Power of Emotion

Anger	Amusement	Envy	Hope
Annoyance	Delight	Frustration	Pride
Contempt	Elation	Guilt	Satisfaction
Disgust	Excitement	Shame	Trust
Irritation	Happiness	Boredom	Calm
Anxiety	Joy	Despair	Content
Embarrassment	Pleasure	Disappointment	Relaxed
Fear	Affection	Hurt	Relieved
Helplessness	Empathy	Sadness	Serene
Powerlessness	Friendliness	Stress	Interest
Worry	Love	Shock	Politeness
Doubt	Courage	Tension	Surprised

Resources

“Improv,” & “Improv for Storytellers,” Keith Johnstone

My favorite book on improv. The foundation of most of the improv I teach.

“The Comedy Bible,” Judy Carter

Solid book on joke construction.

About Avish

Avish Parashar is the world’s only Motivational Improviser. In his interactive keynote programs and training workshops, Avish uses improv comedy ideas and exercises to show people how to adapt, leverage, and innovate with anything that happens to them.

Have a client or prospect who is looking for a funny, energetic, interactive speaker? Send them to www.DingHappens.com.